



2023 INDIVIDUAL & FAMILY PLANS

BridgeSpan Health in Oregon



BridgeSpan Health
2890 E Cottonwood Parkway
Salt Lake City, UT 84121

BridgeSpan works hard for you

When you choose BridgeSpan health insurance, you get thoughtfully designed programs and benefits that help you make your health a priority—without a bunch of fuss.

- 

Access to top doctors

BridgeSpan has powerful networks of top providers that care for our members at discounted prices across our service area (Idaho, Oregon, Utah and Washington).
- 

Whole-person health


Take care of your mind and body with covered preventive care, mental health support, chiropractic and acupuncture benefits.
- 

Low- or no-cost virtual care


Connect virtually with a board-certified physician or mental health provider 24/7 at a low copay—or choose one of our plans that cover virtual medical care in full.
- 

Affordable prescriptions


Save on medications with low-cost prescriptions.

- 

Local customer service

When you reach out to BridgeSpan, you'll get friendly, reliable help. No scripts. No time limits. Never outsourced. Just compassionate people who go above and beyond to help you.
- 


Coverage where you need it

Many of our plans offer access to in-network providers across Oregon and much of Idaho, Utah and Washington.
- 


Behavioral health support

Mental health is important too. That's why BridgeSpan health plans give you a range of options, like virtual therapy and personalized care management. We make support simpler and more accessible—so you can get the right level of care at the right time.




- 


Tools to help you manage your health

Find a new doctor, check your deductible, review your claims and more. You can even chat with us when you have a question. Best of all, your tools are all personalized to you based on your benefits.
- 

Members-only discounts

Get discounts on many health and wellness products, vision care, hearing aids, fitness devices, gym memberships, pet care and more.
- 

Care management

If you have a difficult medical situation, our experienced care managers are here to give you the one-on-one support you need. They'll help you navigate the health care system and answer all your questions.
- 

Low-cost prescriptions, covered preventive care

Get access to affordable prescriptions at any of our participating pharmacies. Also, in-network annual wellness visits, vaccinations, women's reproductive health, diagnostic screenings and more are covered at no additional cost to you.


Choosing a plan: FAQ

Which metal level is right for me?

Gold plans are a good option if you expect to need a lot more than preventive care over the course of the year. On the opposite end, Bronze plans are a good fit if you're generally healthy and don't often need care. Silver plans strike a balance between premium and out-of-pocket cost and may qualify for cost-sharing savings if you're eligible.

Bronze level

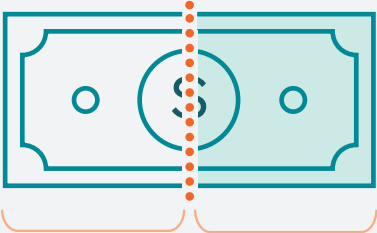
This option offers a lighter premium and heavier out-of-pocket costs.



Monthly premiumOut-of-pocket costs

Silver level


This option balances premium and out-of-pocket costs.



Monthly premiumOut-of-pocket costs

Gold level

This option offers a heavier premium and lighter out-of-pocket costs.



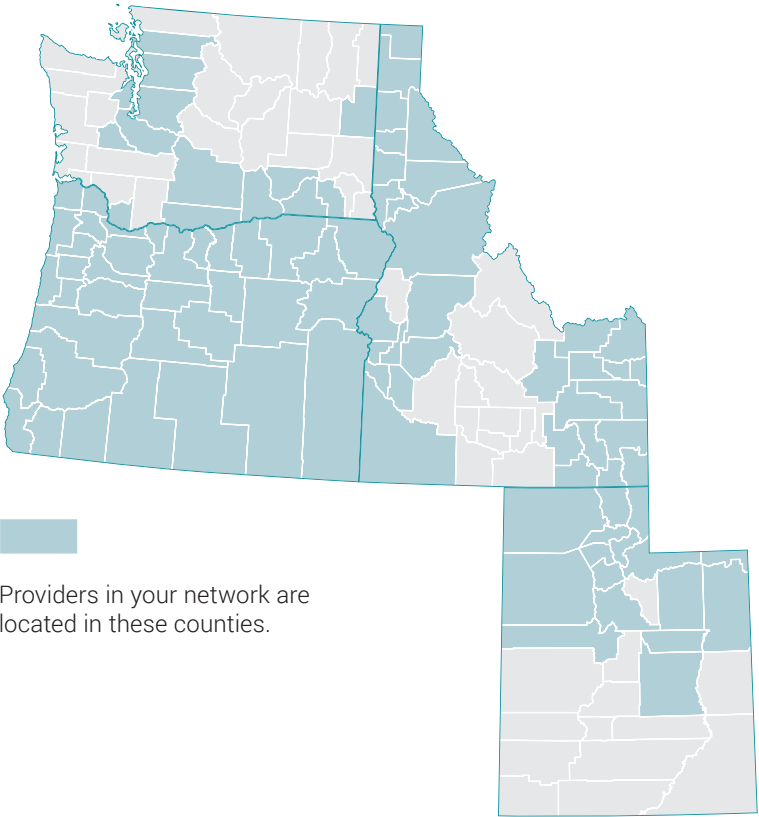
Monthly premiumOut-of-pocket costs

Do I qualify for subsidies?

You can see whether you qualify for premium tax credit savings through [oregonhealthcare.gov](https://www.oregonhealthcare.gov). If you don't qualify, it may be more affordable to shop directly with us at bridgespanhealth.com.

What's the RealValue Network in Oregon?

It's the doctors, facilities and practitioners we've contracted with to provide care to our members at a discounted price. It includes providers and facilities in Oregon, as well as parts of Idaho, Utah and Washington.



In-network hospitals in Oregon

This list is not comprehensive. Please use the provider search on bridgespanhealth.com to view all hospitals in the RealValue Network.

- OHSU Hospital
- Adventist Health M.C.
- Tuality Community Hospital
- Salem Health
- Santiam Memorial Hospital
- Silverton Health
- Albany General Hospital
- Samaritan Lebanon Community Hospital
- Samaritan North Lincoln Hospital
- Samaritan Pacific Health
- Good Samaritan M.C.
- Sacred Heart M.C.
- McKenzie-Willamette
- PeaceHealth
- Legacy Medical Centers
- St. Charles M.C.

Notes

Handwriting practice lines on page 6. The page contains 20 horizontal dotted lines for writing practice.

Notes

Handwriting practice lines on page 7. The page contains 20 horizontal dotted lines for writing practice.



BridgeSpan Health
2890 E Cottonwood Parkway Salt Lake City, UT 84121

BSH-OR-870176-22/10
© 2022 BridgeSpan Health Company

BridgeSpan Health Company complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-855-857-9943 (TTY: 711). 注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-855-857-9943 (TTY: 711).